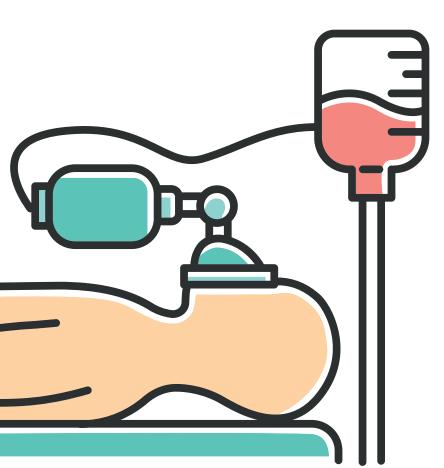
## What do I need to know before going under anesthesia?





- 1. If your surgery is scheduled for the morning, do not eat any food or drink any fluids after midnight.
- 2. If your surgery is scheduled in the afternoon, you may have a light meal (toast or the equivalent and clear liquids such as tea, black coffee, or apple juice) up to 8 hours before.
- 3. Please come as early as possible to the hospital to finalize the admission process.
- 4. If you regularly take medication in the mornings, follow the instructions given to you at your consultation appointment by your doctor.
- 5. Generally, important medicines can be taken at the normal time with a sip of water. Patients taking blood thinners or medication for diabetes require special consideration this should be discussed with your doctor.
- 6. On arrival for surgery, you must be accompanied by a responsible adult who will ensure you get home safely.
- 7. Relatives need to remain in the room during the entire time of your surgery.
- 8. Shower, brush and floss your teeth and rinse with mouthwash prior to your surgery.
- 9. Jewelry, contact lenses, and dentures must be removed before surgery.
- 10. Do not wear lipstick, excessive makeup, or dark or metallic nail polish.
- 11. In case if any new compliant-symptoms developed please make sure to inform your caregivers (Nurse/ Doctor)

To contact the concerned medical department before the operation, don't hesitate to get in touch with our Contact Center at 1808088